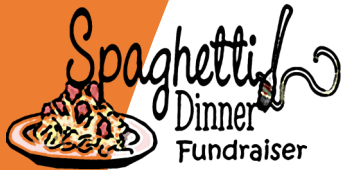




The MONA Times

September 2014

Meadow Oaks Neighborhood Association is part of the Roseville Coalition of Neighborhood Associations (RCONA) Visit our Website: www.mona.rcona.com
PARTIAL PRINT COPY: FULL NEWSLETTER CAN BE VIEWED AT WWW.MONA.RCONA.COM



Please join us!

Spaghetti Dinner Fundraiser to fund the printed MONA Times

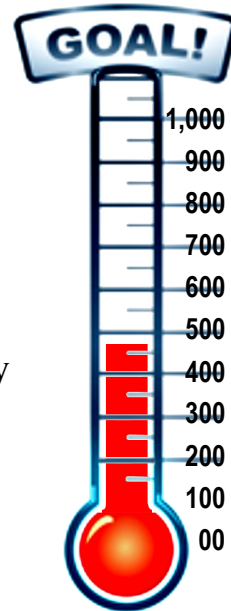
When: September 17, 2014
Time: 6:00 p.m. to 8:00 p.m.
Where: Alta Manor, 930 Oak Ridge Drive

- Kids under 5-free. Kids ages 5 to 12-\$3. Adults-\$6.00. Family of 4-\$15.
- Please bring a donation of a non-perishable food item or school supply item. Food donations will go to the Placer Food Bank. School supplies will be used to help students in need at our local schools.
- Please deliver your RSVP & mail your payment to 1603 Dana Way, 95661 or place in mail slot. If you wish to pay at the door, please RSVP how many will attend to morneighbors@hotmail.com
- Last minute walk-in welcome.

How you can help:

- Send in your reservation to attend, and invite everyone you know.
 - Send to 1603 Dana Way
 - Purchase tickets from Sammi at Alta Manor's front desk.
 - Get tickets from any Board member, see the back page for the board's names .
- Donate a dessert. (email morneighbors@hotmail.com)

MONA Newsletter Donations



Thanks to all the neighbors that have so generously donated to the MONA Times. We hope to reach our goal with our upcoming spaghetti dinner. Join us for some good food, company, all for a good cause. Send in your RSVP ASAP. Mail to 1603 Dana Way.

thank you!

We had a great turnout at our two National Night Out parties last month. A special thanks to Brent & Denise Young for hosting the party on Woodlake and for Stephanie Shurilla for hosting the party & Melissa Vavra for organizing the party on Meadow Gate.



MONA BOARD MEETINGS

2nd Thursday 9-10:30 AM
4th Thursday 8:30-10 AM

☞ All are Welcome ☞

Meetings held @ Alta Manor
930 Oak Ridge Dr.



Spaghetti Dinner Reservation

Adults: \$6 Children 5-12 years old \$3 Under 5 free Family of four \$15

Name _____ Phone _____ Email _____

Number of adults _____, Children 5-12 _____ Under 5 _____ Family of 4 _____ Total \$ _____

Make checks payable to: M.O.N.A. (Meadow Oaks Neighborhood Association) Mail or deliver form and check to 1603 Dana Way



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September Garden Checklist

Sacramento Bee, by Pat Rubin
Placer County Master Gardener



1. Plant chrysanthemums. When they're done blooming, cut them back and chances are you'll get another flush of growth and bloom. They get better every year.
2. Harvest broccoli when heads are bright green and tight. Don't let them bloom.
3. Keep deadheading hybrid tea roses. Stop feeding them. Leave flowers on old-fashioned roses so they develop hips.
4. If you didn't get your irises trimmed back or divided in July, do it now. Cut foliage almost completely to the ground. Clean up and discard any dead foliage.
5. Don't cut ornamental grasses to the ground just yet. They are on the verge of taking on their golden fall hues and will give the late fall garden substance and interest.
6. Sow seeds of winter vegetables like cauliflower, broccoli and cabbage. Also this is the time to plant onion sets.
7. Try some less common bulbs in the garden: ranunculus, allium, muscari and watsonia.
8. Scatter California Poppy seeds, but remember they prefer to grow along the distressed verges of gardens and roads and don't like competition from other plants.
9. Don't let cool mornings and evenings lull you into thinking plants don't need to be watered. They do, although not quite as often as in August. Continue to pay attention to water needs.
10. Plant seeds for bok choy, carrots, peas, radishes and spinach in vegetable garden. Flowers to plant by seed include hollyhocks, foxglove and larkspur.
11. For bigger flowers, thin buds on camellias. Pinch away the smallest one in each cluster.
12. Check winter squash. Pick ones that are ripe and store in a cool, dark place.

Read more here: sacbee.com/a-month-by-month-guide-to-success.

What to Plant in September

Placer County Master Gardener calendar 2014

Flowers and bulbs: Sow poppy seeds. Divide and replant bulbs, perennials and rhizomes. Plant cool-weather annuals such as calendula, cyclamen, pansy, primrose, snapdragon, stock and viola.

Vegetables: Transplant broccoli, cabbage, cauliflower and kale. Direct seek bok choy, carrots, cilantro, spinach, parsley, peas and radishes.

Lawn: This is the ideal month to sow a new lawn or reseed bare spots. Think about reducing the size of your lawn to conserve resources.

Cover crops: Seed for erosion control on slopes and to improve soil structure in vegetable gardens.



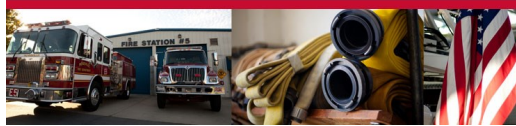
September Happenings

Source City Website

Saturday, September 6 - Fire Open House at Station 5

1565 Pleasant Grove Blvd

FIRE STATION 5



Come check out the fire station and learn about driver safety and take part in firefighter obstacles for kids. Free. 10:00 am-12:00 pm

Saturday September 6 - I Heart Reading Festival (Vernon Street Town Square)

Families are invited to enjoy live entertainment, play on the giant Scrabble board, listen to a special story time, make crafts and shop at a Friends of the Library book sale. Free. 10:00 am -12:00 pm



Tuesday, September 9 - Downtown Bridges Project

Community Open House (Civic Center Rotunda)

Community open house to preview design plans for the Downtown Bridges Project including exhibits and renderings of the



bridges. 6:00-8:00 pm

Thursday, September 11 - Food Truck Mania (Vernon Street)

Come to Downtown Roseville for food truck goodness and music on the 2nd Thursday of each month. 5:00-8:00 p.m.



Saturday September 13 - Sammy Hagar

Concert (Vernon Street Town Square)

Rock and Roll Hall of Famer Sammy Hagar celebrates the reopening of Sammy's Island Bar & Grill in downtown Roseville and the first anniversary of the opening of the Vernon Street Town Square with an intimate concert in the square on Saturday, September 13. 7:00 pm

Ticketed event. (Sponsored by City, RCDC and Sammy's Island Bar & Grill)



Saturday, September 13 - Splash (Roseville Aquatics Complex)

Art, Wine, Food, Beer, Music. Roseville's party of the year. 6:30-10:00 pm. Tickets at www.rosevillechamber.com (Sponsored by City and Chamber)



Wednesday, September 17 & 24 - Wednesdays On Tap (Vernon Street Town Square)

The cardinal rule of beer drinking is that it must be fun and that's just what we have planned with live music and your favorite regional breweries. Weekly Sept. 17 – Oct. 22. \$5 entrance fee. 5:30-7:30 pm



Friday, September 19 - Friday Flicks: Cars

Vernon Street Town Square

Grab a blanket, lawn chair and the family and come to the square to enjoy watching a movie under the stars! Light refreshments available for purchase. Movies begin at 7:30 p.m. on a 30-foot screen, weather-permitting. Free



Friday, September 19 - Campfires (Maidu Museum & Historic Site)



Sit under the stars at our outdoor amphitheater to enjoy native stories around the campfire plus marshmallow roasting. Fee: \$5/person, \$16/family of four, \$5 each additional person. Under 2 are free.

Museum doors open at 7:00pm. Program starts at 7:30 pm.

Saturday, September 20 - Bikefest (Cirby Elementary)

Bring your bike and helmet to Roseville's 21st annual FREE family bicycle safety event. 9:00 am-12 pm



Saturday, September 20 - Concert on the Square featuring Super Huey (Vernon Street Town Square)

Gates/food trucks open at 6:30 pm. Concert start at 7:30 pm. Come on down to enjoy some tasty food truck grub, visit the beer garden and claim your space for the show. Free.



Saturday, September 20 - 3rd Saturday Art Walk (Downtown Library and Maidu Museum + area museums)

Participating art venues keep their doors open for visitors to enjoy an evening of fine art, music and light refreshments. Free. 6:00-8:00 pm



Thursday, September 25 - Open Mic Night: Comedy (Vernon Street Town Square)

Share your talents in a fun, family-appropriate setting. Performers please check in 15 minutes before start time. 6:00 - 7:30 pm



Saturday, September 27 - Prescription Drug Take-Back Day (Roseville & Woodcreek High Schools)



This is a chance to safely dispose of unneeded prescription, over-the-counter and veterinary medications. 10:00am-2:00pm

Weekly Events

Wednesdays – Story time (Vernon Street Town Square)
Free. 9:30-10:00 am (May 7-October 29)

Wednesdays – Wee One Wednesday (Vernon Street Town Square)

Come play with us. Free. 10:00-10:45 am (May 7-October 29)

Other Events:

Music In The Park (Royer Park) – September 14 features crowd favorite Mumbo Gumbo to close out the season.



The Recipe Exchange

If you have a recipe you'd like to share, send in a copy to mneighbors@hotmail.com with your name & source, if any!

Capellini with Shrimp and Creamy Tomato Sauce

Submitted by Erin Tarekegn
From: *Gourmet* April 2008

The addition of the sweet vermouth here punctuates the natural sweetness of the canned tomatoes, making this quick sauce taste as if it's been simmered for hours.

Ingredients

- 3 tablespoons olive oil
- 1 pound peeled large shrimp
- 3 large garlic cloves, forced through a garlic press
- 1/4 teaspoon dried oregano
- 1/2 cup sweet (red) vermouth
- 1 (14- to 15-ounce) can diced tomatoes, drained
- 3/4 cup heavy cream
- 1/2 teaspoon fresh lemon juice
- 1/2 pound capellini

Preparation

Heat oil in a 12-inch heavy skillet over medium-high heat until it shimmers, then cook shrimp and garlic with oregano, 1/2 teaspoon salt, and 1/4 teaspoon pepper, turning once, until golden, about 2 minutes total. Stir in vermouth and tomatoes, scraping up any brown bits from bottom of skillet. Add cream and briskly simmer until sauce has thickened slightly, about 1 minute. Stir in lemon juice.

Meanwhile, cook capellini in a pasta pot of boiling salted water (3 tablespoons salt for 6 quarts water) until al dente. Reserve 1 cup pasta-cooking water, then drain pasta.

Serve immediately, topped with shrimp and sauce. Thin with some of reserved water if necessary. Yields 4 servings.



Indeed, the reason the trees are dropping leaves and changing color is the current drought. According to Doug McCreary – a University of California Cooperative Extension oak specialist, “Trees in dense stands are particularly apt to turn brown since there is greater



competition for soil moisture. Trees in shallow, rocky soils or on south-facing slopes will be affected more than those in

valleys or swales.” Oaks respond to drought with their own built-in defense mechanisms. Premature leaf drop is one of these techniques. Since it is the tree leaves that provide the demand for soil moisture, shedding foliage is nature's way of lessening the possibility of totally running out of water.

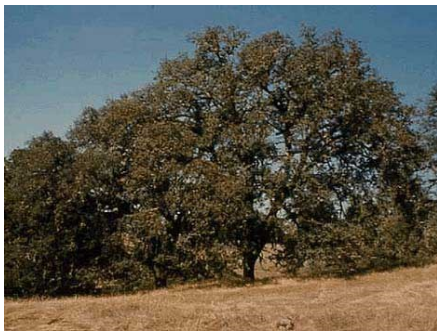
Most trees that lose their leaves early this year will probably recover during a “normal” winter and leaf out as usual with little or no evidence of permanent or long-term injury. “Drought does stress the trees, so they usually grow slowly and become more susceptible to insect and disease attacks,” McCreary said. And he also remarked, “The long-term consequences of repeated droughts are probably harmful.”



Food for thought: Loss of oak leaves also reduces the number of acorns produced which adversely affects the many wildlife species that rely heavily on acorns for food.

Native Oaks and the Drought

By Trish Grenfell, Placer County Master Gardener

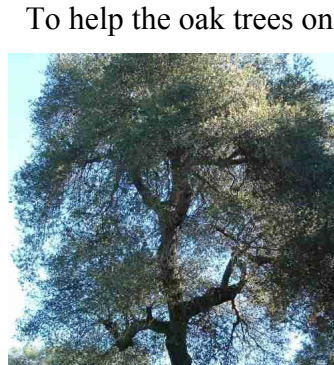


Q: My neighborhood has many trees, most of which I think are native oaks. I am writing because the trees around here look brown and the ground everywhere is covered with leaves. It looks

like October-November in August. I fear they are dying and there must be something that we can do to save them.

A: “Ask the Master Gardener” published a column on April 3, 2014 which discussed prioritizing your trees during a drought situation. I suggest that you read that online now at <http://www.auburnjournal.com/article/ask-master-gardener-tree-preservation-important-drought>. Note:

Remember that is important to mulch and remove competing weeds, remembering that the root zone may extend even beyond the tree's drip line.



To help the oak trees on your property, coil a very long soaker hose several times around the drip line of the tree and turn the water on just enough for drips to emit from each hole in the hose. If runoff occurs, reduce the water output and/or water intermittently. The California Oak Foundation recommends, “Water the soil from halfway between the trunk

and the drip line to 10-15 feet beyond, allowing water to penetrate the soil to a depth of 8 to 12 inches.” Once adjustments are made to adequately achieve this coverage (and a clear record of what you did is recorded for next time), repeat no more than once.



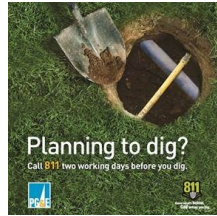
Prevent Accidently Digging into Underground Pipelines

Source: P.G. & E. Safety Around Natural Gas Pipelines
kc.68958883.10652.0@kc.pge.com

Damage from digging is a common cause of pipeline accidents. PG&E is committed to reducing accidental dig into our underground gas and electric lines. We share important pipeline safety information with our customers, in compliance with state and federal pipeline safety regulations. We also participate in the Underground Service Alert (USA). This free program notifies local utility companies to mark the location of underground lines so you can safely dig and prevent damage. When you call 811, PG&E will locate and mark the



horizontal location of underground gas and electric facilities by painting stripes on surface streets and sidewalks or placing colored flags in landscaped areas. Always call 811 at least two working days before starting any project that involves digging to have gas pipelines and other underground utility lines located and marked for free.



No project is too small to call 811. Whether you're planting a garden, installing a fence or remodeling your home, you must call 811 at least two working days before you dig. We encourage you to review the following safety tips and best practices below to plan your next digging project.

Safe digging tips:

- Use hand digging tools when digging within 24 inches of the outside edge of any underground lines.
- PG&E and other utilities will use colored utility flags, stakes or paint marks to mark underground lines. Learn more about the different colors here. Leave these in place until you have finished digging.
- Once you are done with your project, you can carefully backfill and compact the soil.
- If you use a licensed contractor for your excavation project please make sure they call 811 and follow these important safety digging tips.



Safety is at the heart of everything we do

We operate, monitor and maintain natural gas distribution and transmission pipelines across California. Our larger transmission pipelines carry gas from one part of the state to another and connect to our distribution system. These smaller lines deliver natural gas for heating and cooking to your homes and business. We monitor our gas pipeline operations 24 hours a day; 7 days a week. We maintain a comprehensive safety and monitoring program and regularly inspect all of our pipelines to check for possible leaks or other signs of damage for natural

We have implemented a number of programs and standards to modernize and enhance the safety of our gas system. Learn about the projects PG&E is undertaking as part of our commitment to provide safe, affordable and reliable natural gas service for our customers here.

Locate PG&E natural gas pipelines near you

You can find PG&E's larger transmission pipelines near you by locating pipeline markers. Markers include an emergency number and indicate the need for extra care. These markers specify the approximate location, but not all pipelines follow a straight path between markers.



Use our interactive online map to learn more about the transmission pipelines in your neighborhood. You can view any location in our service area—your home, place of work or any other areas of interest—to see if transmission pipelines run nearby.

The National Pipeline Mapping System also shows the location of all transmission pipelines in the United States, viewable by county, zip code or street address.

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Sound: Pay attention to hissing, whistling or roaring sounds coming from underground or from a gas appliance.



Sight: Be aware of dirt spraying into the air, continual bubbling in a pond or creek and dead or dying vegetation in an otherwise moist area.

Respond if there is a gas leak. If you suspect a gas leak or if you or your contractor accidentally dent, scrape, or hit a gas pipeline, alert others and leave the area immediately to a safe upwind location.

If you suspect a gas leak

Then call 911 to notify local police and fire and contact PG&E at 1-800-743-5000. Do not use anything that could be a source of ignition until you are a safe distance away. Devices that might create a spark include vehicles, cell phones, matches, electric switches, doorbells and garage door openers.





Medication Management

By our local nurse
Becca Danielsen, RN

Create a medication list - Focus in on what you take & why.

Having a medication list for you and your primary Doctor is very important as it will help you focus in on what meds you are taking. You may not always remember what pills you take, but having a list in your purse or wallet is essential.

First: Take out all the pills in your cupboard or medicine chest and put them on the counter.

Second: Separate the meds into two groups, 1) your current/daily meds and 2) the "I used to take these" meds. Don't forget to add any over-the-counter pills you frequently take, like Tylenol or Motrin.

Third: Starting with the current/daily meds, write down each one and include the med name, dosage, how often you take it and what Doc prescribed it.

It's important to get someone to help you create your med list on a computer for ease of making any changes as they occur.

Next, add personal info at the top. Start with: Today's date, your name, date of birth, your phone number, primary doctor's name and number, your insurance and ID number, emergency numbers, next of kin, and allergies.

Next month's tip will continue with med list details.



September Health Tip

Source: Mayo Clinic [Mayo Clinic Staff](#)

Sleep tips: 7 steps to better sleep

You're not doomed to toss and turn every night. Consider simple tips for better sleep, from setting a sleep schedule to including physical activity in your daily routine.

1. Stick to a sleep schedule

Go to bed and get up at the same time every day, even on weekends and holidays. Being consistent reinforces your body's sleep-wake cycle and helps promote better sleep at night. There's a caveat, though. If you don't fall asleep within about 15 minutes, get up and do something relaxing. Go back to bed when you're tired.

2. Pay attention to what you eat and drink

Don't go to bed either hungry or stuffed. Your discomfort might keep you up. Also limit how much you drink before bed, to prevent disruptive middle-of-the-night trips to the toilet.

Nicotine, caffeine and alcohol deserve caution, too. The stimulating effects of nicotine and caffeine take hours to wear off and can wreak havoc on quality sleep. And even though alcohol might make you feel sleepy at first, it can disrupt sleep later in the night.

3. Create a bedtime ritual

Do the same things each night to tell your body it's time to wind down. This might include taking a warm bath or shower, reading a book, or listening to soothing music. Relaxing activities can promote better sleep by easing the transition between wakefulness and drowsiness. Be wary of using the TV or other electronic devices as part of your bedtime ritual. Some research suggests that screen time or other media use before bedtime interferes with sleep

4. Get comfortable

Create a room that's ideal for sleeping. Often, this means cool, dark and quiet. Consider using room-darkening shades, earplugs, a fan or other devices to create an environment that suits your needs.

Your mattress and pillow can contribute to better sleep, too. Since the features of good bedding are subjective, choose what feels most comfortable to you. If you share your bed, make sure there's enough room for two. If you have children or pets, try to set limits on how often they sleep with you — or insist on separate sleeping quarters.

5. Limit daytime naps

Long daytime naps can interfere with nighttime sleep — especially if you're struggling with insomnia or poor sleep quality at night. If you choose to nap during the day, limit yourself to about 10 to 30 minutes and make it during the mid-afternoon.

If you work nights, you'll need to make an exception to the rules about daytime sleeping. In this case, keep your window coverings closed so that sunlight — which adjusts your internal clock — doesn't interrupt your daytime sleep.

6. Include physical activity in your daily routine

Regular physical activity can promote better sleep, helping you to fall asleep faster and to enjoy deeper sleep. Timing is important, though. If you exercise too close to bedtime, you might be too energized to fall asleep.

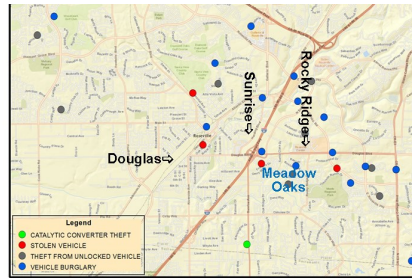
7. Manage stress

When you have too much to do - and too much to think about -your sleep is likely to suffer. To help restore peace, consider healthy ways to manage stress. Start with the basics, such as getting organized, setting priorities and delegating tasks. Give yourself permission to take a break when you need one. Share a good laugh with an old friend. Before bed, jot down what's on your mind and then set it aside for tomorrow.

A number of car break-ins in & near Meadow Oaks.

By Steve A source: RPD e-notify

Lock your car & don't leave anything valuable in sight! Vehicle related crimes include vehicle break-ins, thefts from unlocked vehicles, vehicle thefts & thefts of catalytic converters.



[Click here to see larger map](#)

Classroom Eaten by Huge Insect!

Submitted by Gerry Edwards Source Tiffany Circle Gazette

The second of two portables in the Eich (old Sierra Gardens) parking lot was devoured Thursday. The two remaining rooms will be crunched next summer, Principal Marc Buljan said in an exclusive interview with the *Tiffany Circle Gazette*.



Blast of Kindness: Charity in Schools

by Caitlyn Jordan



Recently, social media has been ablaze with ice water. Yes, as strange as it sounds, a phenomenon known as the “ALS (Amyotrophic lateral sclerosis) Ice Bucket Challenge” shook social media not too long ago. The challenge was simple: film yourself dumping a bucket of ice water on your head, donate to ALS to create awareness and funding for the fight against the neurological disease, then nominate three people to continue the challenge. And despite how silly the challenge

may sound, everyone from Taylor Swift to LeBron James took part, raising over a combined 30 million dollars. Some local participants? Oakmont High School. Since August, the school has been actively trying to raise \$2,000 for ALS-one bucket at a time. However, this goes further than icy splashes, and even further than ALS. High Schools seem to always be home to one charity drive or the other. However, with the introduction of the Ice Bucket challenge and other fun team-building activities, Oakmont has combined two essential things: school community and service. By creating fun challenges that both connect students and raise attention for good causes, Oakmont has made charity not just rewarding, but actually, quite a bit of fun. Social media can certainly be a powerful tool, and with more high schools combining social media trends with great causes, charity efforts in school seem to be only headed upwards-and perhaps a bit icier.



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AltaManor.com

## SAVE THE DATE

Source: [www.roseville.ca.us/events](http://www.roseville.ca.us/events)

### September 6

- **Fire Station #5 Open House**, 1565 Pleasant Grove 10:00-12:00-Free
- **I Heart Reading Festival** Vernon Street Town Square, 10:00-2:00 - Free

### September 9

**Downtown Bridges Project Community Open House**  
Civic Center Rotunda  
6:00-8:00 p.m.

### September 11

**Food Truck Mania**  
5:00-8:00 p.m.  
Vernon Street

### September 13

- **Splash**  
Roseville Aquatics Complex  
6:30-10:00 p.m.
- **Sammy Hagar Concert**,  
Vernon Street Town Square  
7:00 p.m. Ticket Event

### September 17 & 24

**Wednesdays on Tap** Vernon Street Square 5:30-7:30 p.m. \$5 Entrance Fee

### September 19

- **Campfires**  
Maidu Historic Museum 7:30-8:30 p.m.  
Fee: \$5 per person, \$16 family of 4, \$5 each add'l person, under 2 - Free
- **Friday Flicks: Cars**  
Vernon Street Town Square  
Movie starts at 7:30 p.m. - Free

### September 20

- **Bikefest**  
Cirby Elementary School  
9:00-noon -Free
- **Concert on the Square - Super Huey** Vernon Street Town Square -Concert starts at 7:30 p.m. -free
- **Art Walk** Downtown Library & Maidu Museum + area museums 6:00-8:00 p.m. - Free

### September 25

**Open Mic Night: Comedy**  
Vernon Street Town Square  
6:00-7:30 p.m.

### September 27

**Prescription Drug Take-Back Day**  
Roseville & Woodcreek HS  
10:00-2:00 p.m.

|                                |            |            |        |          |
|--------------------------------|------------|------------|--------|----------|
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| <h2>Neighborhood Services</h2> |            |            |        |          |

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per month you can fill with letters, numbers or symbols

**Opening special:** 2 months for the price of one! \$5 for 2 months of MONA Marketplace ad.  
Deadline 20th of each month.

### Notice!

Meadow Oaks cautions its readers to confirm the validity of any advertiser including confirmation of appropriate licenses & insurance.



## Updates From the Mona Board

by: Erin Tarekegn

- We are so fortunate to live in a great community with great neighbors and wanted to say Thank You to all our neighbors and friends that came out to our Movie in the Park! Thank You to all our neighbors that have made our newsletter possible and contributed to funding our newsletters, your contributions are significant and big part of keeping our neighbors connected. Thank You to our advertisers including participants to our neighborhood Marketplace. Thank You to Alta Manor for allowing us to use your facilities for meetings and events and sponsoring our upcoming Spaghetti Dinner and Fundraiser. Thank You to Cool River Pizza for supporting all our events, including the neighborhood Garage Sale and our upcoming Spaghetti Dinner and Fundraiser. Thank You to our neighbors for coming out to National Night Out and to The Young's & the neighbors in Cirby Place Stephanie Shurilla & Melissa Vavra for hosting/organizing the event! Thank You Mr. Buljan! Thank You to Officers Guter and Coghran and our local Fire department for all the support and facilitating National Night Out and Santa's Visit! Thank You neighbors for making our neighborhood a great place to live!
- Our next **General Meeting will be on October 23<sup>rd</sup>**. We will be voting in the new board on that date. So, if you would like to put your name in or you have a recommendation for a great candidate let us know at [MeadowOaksNA@gmail.com](mailto:MeadowOaksNA@gmail.com)! **Deadline for nominees is**

**September 23<sup>rd</sup>**. We will have **two times available on the 23<sup>rd</sup> for voting**, the first will be from 08:30 am to 09:30 am and then from 6:30 pm to 7:30 pm. New board members will be voted in on October 23<sup>rd</sup> and then at the first new term board meeting, board members will vote for the new officers and committee liaisons.

### NEWSLETTER STAFF

Steve Abe                      Betty Gilchrist  
Karen Domen                Nick Bastunas

Send ideas or suggestions to:  
[morneighbors@hotmail.com](mailto:morneighbors@hotmail.com)

## Article & Marketplace Publishing Policy

Our article policy is to have the newsletter committee review all articles before they are published. We reserve the right to refuse to publish any article that is deemed inappropriate for this newsletter. Each article must have the source and contributor identified before acceptance. We reserve the right not to publish any article.

### MONA BOARD

**CHAIRPERSON/SECRETARY**  
Erin Tarekegn  
[MeadowOaksNA@gmail.com](mailto:MeadowOaksNA@gmail.com)

**VICE CHAIRPERSON**  
Audrey Huisking

**TREASURER**  
Nick Bastunas

**PAST CHAIRPERSON**  
Jim Robinson

**BOARD MEMBERS:**  
Steve Abe  
Betty Gilchrist  
Maxine Sarmiento

## Police Telephone Numbers

### Emergency & Crimes in Progress 9-1-1

|                        |                 |
|------------------------|-----------------|
| Police non-emergency   | 774-5000 Ext. 1 |
| Animal Control         | 774-5090        |
| Abandoned Vehicles     | 746-1022        |
| Graffiti Report Line   | 746-1021        |
| Traffic Complaint Line | 746-1023        |
| Vacation House Check   | 746-1052        |

### Additional Phone Numbers

|                                   |                |
|-----------------------------------|----------------|
| Code Enforcement Complaints       | 774-5501       |
| P.G.& E. (24 hrs./7days week)     | 1-800-743-5000 |
| Roseville Electric Outage Hotline | 774-5428       |
| Roseville Fire (non-emergency)    | 774-5800       |
| Roseville Water Outage Hotline    | 774-5750       |
| Safety Hazard Message Line        | 774-5555       |