



Come Join the Fun by Jim Robinson

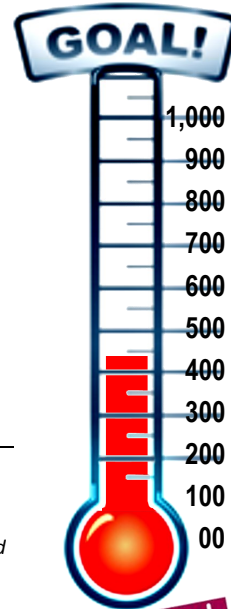
Tuesday August 5th is 2014's National Night Out (NNO). Come join your neighbors and MONA to celebrate NNO. NNO is a national event that happens every year the 1st Tuesday of August. This event is to draw neighbors out of their homes into the streets to meet and Socialize with the people who live near them.

This year there are only 2 NNO events planned for the Meadow Oaks Neighborhood that MONA is aware of.

- One will be at 1142 Meadow Gate, that area of our neighborhood has a Home Owners' Association who arranges their NNO Event. Time: 6:00 p.m.
- The other NNO event will be hosted by Brent Young at the **creek entrance on Woodlake Lane & Charleston Circle.** This event is a pot-luck, so bring your friends, family, a side dish, and a lawn chair. Come out to meet and socialize with the people who live right here in your neighborhood. Time: 6:00 p.m.

If next year you would like to host you own NNO event, please contact MONA at meadowoaksna@gmail.com . That way we can arrange for Roseville Police and Fire to come visit your event with their Mascots, Sticker Badges, and other cool things for kids.

MONA Newsletter Donations



Can you spare \$2, \$3, \$5 or more? We need your help in continuing the MONA Times. A donation in any amount will help. Donations can be dropped in the mail slot or mailed to 1603 Dana Way.

Please join us at our Meadow Oaks Newsletter Fundraiser

MONA Board

When: September 17, 2014, 6:00-8:00pm

Where: Alta Manor, 930 Oak Ridge Drive.



Proceeds will go to funding The MONA Times, our neighborhood newsletter. We will also be collecting food donations for the Placer County Food Bank.

- Children 4 years old and under - free. Children ages 5 to 12 – \$3.00. Adults - \$6.00. Family's of 4 - \$15.00.
- **Dessert will be available in exchange for a donated non-perishable food item, or \$1.00.** Please bring donated items to the event.
- Please deliver your **RSVP and payment to 1603 Dana Way and place in mail slot or mail it** to the same address. (If you wish to pay at the door, please RSVP how many will attend so that we can get a head count. Email: morneighbors@hotmail.com)
- For any **questions** or if you wish to help, please email meadowoaksna@gmail.com
- Not sure if you can make it that day. Last minute **walk-ins are welcome.**
- We are also looking for someone who can play some "easy listening" music during dinner. We have access to a If you would like to share your talents email morneighbors@hotmail.com.

We need your help in making this a successful fundraiser. Tell everyone you know and invite them to attend. Thank You Alta Manor for sponsoring this event and your great support of our

thank you!

Hats off to **Jim Robinson** for organizing last month's Movie in the Park & thanks to **Eich Middle** for use of their School . If you attended the event, I'm sure you'll agree Jim did a great job putting the event together. Also, thanks to **RCONA** for bringing this event to our neighborhood.



MONA BOARD MEETINGS

2nd Thursday 9-10:30 AM
4th Thursday 8:30-10 AM

☺ All are Welcome ☺
Meetings held @ Alta Manor

Spaghetti Dinner Reservation

- Adults: \$6 Children • • 5-12 years old \$3 • • Family of four \$15 •



Name _____ Phone _____ Email _____

Number of adults _____, Children 12 and under _____ Family of 4 _____ Total _____

Make checks payable to: **MONA** (Meadow Oaks Neighborhood Association) Mail or deliver form and check to 1603 Dana Way.



The Recipe Exchange

If you have a recipe you'd like to share, send in a copy to morneighbors@hotmail.com with your name & source, if any) ✉

Grilled Chicken with Board Dressing

Submitted by Erin Tarekgn

From: *Bon Appétit* June 2013

Letting meat rest ensures juiciness. Make even better use of that time by sprinkling the cutting board with chopped herbs dressed with oil and citrus zest before setting the meat on top. The cooked protein will soak up the herbs' aroma. Flavor bonus: Drizzle the herb-infused juices over the meat before serving. Roasting the chicken in the oven is just as delicious as cooking it on the grill.

Ingredients

- 1/2 teaspoon crushed red pepper flakes
- 3/4 cup chopped fresh cilantro
- 1/4 cup chopped fresh oregano
- 1 teaspoon finely grated lime zest
- 1/4 cup olive oil plus more for grill
- Kosher salt, freshly ground pepper
- 1 4-pound chicken, halved, backbone removed or your favorite chicken pieces.
- Lime wedges (for serving)



Preparation

In a small bowl stir in red pepper flakes, cilantro, oregano, lime zest, and 1/4 cup oil; season dressing with salt and pepper.

Prepare grill for medium indirect heat (for a charcoal grill, bank coals on 1 side of grill; for a gas grill, leave 1 burner turned off). Brush grill rack with oil. Season chicken with salt and pepper and place, skin side down, on grill. Grill chicken, turning occasionally, until skin is crisp and browned and an instant-read thermometer inserted into the thickest part of a thigh registers 165°, 10-15 minutes per side (move chicken to cooler part of grill if it's cooking too quickly). About 5 minutes before chicken is done, baste with some of dressing.

Pour remaining dressing onto a carving board (or platter, if you don't have a large board) and place chicken, skin side up, on top. Let sit at least 10 minutes to rest and absorb flavor from dressing before carving. Drizzle chicken with some dressing from board and serve with limes.

DO AHEAD: Dressing can be made 2 days ahead. Cover and chill.



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August Garden Checklist

Sacramento Bee, by Pat Rubin
Placer County Master Gardener



1. Renew mulch in flowerbeds. Make sure you always have 2 to 4 inches of mulch. It protects the soil and conserves water.
2. Plant a second crop of bush beans.
3. When the weather is really hot, plants in containers, especially those in full sun, may need watering twice each day. Water them deeply and thoroughly.
4. Cut lavender back severely, almost to the ground, once it has finished blooming. Lavender only lasts about five or six years before it gets woody and needs to be replaced.
5. Any additions to the garden should be planted in the evening and watered well. If it's really hot and sunny, put a piece of shade cloth or newspaper over the plant until it is acclimated to the site.
6. Cut flowering stems of yarrow, columbine, salvia, coreopsis and butterfly iris to the ground after they've finished blooming. Keep dahlias deadheaded.
7. Pinch back fall-blooming chrysanthemums and asters to keep them bushy.
8. Deeply water grapevines, fruit trees and ornamental trees.
9. Shop for fall blooming and winter blooming annuals at local nurseries.
10. Brighten up dark corners with coleus and impatiens. They'll bloom until November.
11. Shear back petunias and coreopsis; they'll respond with another crop of flowers.
12. Fertilize almond, nectarine, apricot, peach, cherry and walnut trees this month.



Read more here: <http://www.sacbee.com/2014/01/01/6043358/a-month-by-month-guide-to-success.html#storylink=cpy>

What to Plant in August:

Placer County Master Gardener calendar 2014



Flowers: Seed winter annuals this month. Sow seeds of perennials in flats or pots for transplanting in October.

Vegetables: In a cool location indoors, start seeds of broccoli, bunching onion, cabbage, cauliflower, kale and radicchio for over-wintering. Direct seed beets, carrots, lettuce and turnips.

Other Tips:

- Keep harvesting vegetables for continued production.
- Last feeding of the year for citrus and avocado.
- Fertilize indoor plants.
- Control salt build-up on indoor plants; hose off the leaves and flush the soil with ample water.
- Prune apricots to avoid Eutypa fungus. Remove about 20% of this year's growth.
- Chrysanthemums can be fertilized until the buds start to open.

August Happenings

Source City Website

Saturday, August 2 – Fire Open House at Station 1
401 Oak Street
FIRE STATION 1



Come check out the fire station and learn about Back-to School Safety

Free. 10:00am-12:00pm

Sunday, August 10 - Music in the Park

Enjoy free summer concerts at Royer Park brought to you by Performing Arts of Roseville. Summer concerts are family



events. For the safety and comfort of all attendees, alcoholic beverages and smoking are prohibited.

Dave Russell is a “good Ole’ down home country boy” doing what he loves to do, sing and perform.

Now with the upcoming release from Cupit Records, he is about to share his passion with not only the thousands of fans he already has (Dave is

one of the top performing acts as booked by several agents on the west coast), but with new fans he surely will pick up along his way.

6:00 p.m.

Thursday, August 14 - Food Truck Mania (Vernon Street)

Come to Downtown Roseville for food truck goodness and music on the 2nd Thursday of each month. 5:00-9:00 p.m.



Friday, August 15-Friday - Flicks: Monster University

Grab a blanket, lawn chair and the family and come to the square to enjoy watching a movie under the stars!

Light refreshments available for purchase.

Movies begin at 7:30 p.m. on a 30-foot screen, weather-permitting. Free



Friday, August 15 - Campfires (Maidu Museum & Historic Site)

Storytelling has been an important part of the Native American culture for thousands of years. Sit under the stars at the outdoor amphitheater to enjoy songs and native stories around the campfire.

Maidu will provide roasting sticks and marshmallows for a sweet program’s end to this fun family event. . Fee: \$5/person, \$16/family of four, \$5 each additional person. Under 2 are free.

Museum doors open at 7:00pm. Program starts at 7:30 pm



Saturday, August 23- Vernon Street Fair

Mark your calendar for the inaugural Vernon Street Fair! Enjoy live music, food trucks,
Page 3



beer and wine sales, and a variety of vendor booths including art, homemade creations and unique items. Entry is free!

Thursday, August 23 - Open Mic Night: Karaoke (Vernon Street Town Square)

Share your talents for musical performance, recitation or other creative genius in a fun, family-appropriate setting. Performers please check in 15 minutes before start time. 6:00–7:30pm



Weekly Events

Wednesdays – Story time (Vernon Street Town Square)

Help your child develop early literacy skills while having fun. Free. 9:30-10:00am (May 7-October 29)



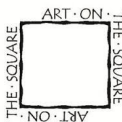
Wednesdays – Wee One Wednesday (Vernon Street Town Square)

Come play with us! Little ones are invited to enjoy a morning in the park. Each week, new games and activities are ready for tots to enjoy. From bubbles and chalk art to active games, tots are sure to have a blast!. Free. 10:00-10:45am (May 7-October 29)



Friday-Art on the Square (Vernon Street Town Square)

Art easels are placed throughout the square for artists to come downtown and spend time in the square creating beautiful works of art. (Weather permitting) 8:00 a.m.-2:00 p.m.



Art Exhibit

Benjamin Newman creates sculpture out of discarded auto and motorcycle parts. Exhibit will be on display until August 13, 2014 during the library's open hours.

Downtown Library
225 Taylor St, Roseville, CA, 95678



Town Square Spray Reopened

Source: City Website

The [Vernon Street Town Square](#) spray ground repairs have been completed and it is now open 12 -7 p.m. daily. Come down to enjoy and cool off.



Theft, - Arrest made from witness info.

RPD E-notify

July 28, someone stole a power saw from a store. Thanks to information provided by an alert witness, officers were able to identify a suspect. They went to Sacramento and arrested a 46-year-old Sacramento man on suspicion of burglary and other related charges. The saw had already been sold. Officers contacted the man who bought the stolen saw, got the saw back and returned it to the victim.

When Green Means STOP



Source City Website

Recently a number of **residents have reported getting calls from scam artists** who stole money from them by convincing them to buy Green Dot or other pre-paid money cards and then read the account numbers to them over the phone. When a stranger demands payment in the form of Green Dot or other prepaid cards, **STOP**. You're being scammed.

Scammers are endlessly creative in the stories they concoct. One claimed to be from the Internal Revenue Service, and said they'd come arrest the victim for non-payment of taxes if they didn't get paid immediately over the phone using Green Dot cards; one claimed to be from Placer County Courts, and told the victim they'd be arrested for outstanding warrants if they didn't pay immediately over the phone; and one claimed that the victim had won the Publisher's Clearing House Sweepstakes, and that they'd get a huge prize if they first paid some fees via pre-paid cards, of course by providing the card numbers over the phone.



These scams can be convincing, because scammers usually place their calls using Voice Over IP (via the Internet) with spoofed phone numbers--if you have caller ID, the phone number of the caller might appear to be from the local area, when in fact it could originate from overseas or anywhere.

Prepaid Green Dot cards and other prepaid gift cards are fine to use as gifts or other payments **to people you know**. Please don't trust callers who demand payment in this form--just hang up. No government agency, utility company or other reputable business would demand payment in this form. Once you've purchased these cards and read the account numbers off to that stranger on the phone, your money is gone. Likewise, never wire money to anyone you don't know--once the money's been picked up on the other end, it's gone and you can't get it back.



Threats of the Digital Age – “Why should I Care?”

by Ed Lamaster



Computer repair scammers again!
E-Notify RPD
On July 22, residents let us know that they'd been contacted by phony computer repair technicians. The scam-artists call, claiming to be from Microsoft or another large tech company, and say that they've detected a problem with the resident's computer. They then ask the resident to click on a link that gives the scammers access to their computer (and all their software, and potentially their files and other sensitive information). In one of yesterday's incidents, the scam artists hacked the computer so badly that the resident couldn't use it, and then demanded \$500 to fix it. These calls may be originating from overseas. **Remember that real technology companies are not going to call you,** unsolicited, and offer to fix your computer. Never give anyone you don't know access to your computer or other electronic devices.

Last month we briefly discussed the ability of “three letter agencies” and others to listen in on phone calls, collect and index emails, and how simple it was for anyone to gather a large amount of information about you using a few clicks of the mouse.

The question always seems to come up along the lines of, “If I have nothing to hide, why should I care?” That’s a fair question. Would you feel comfortable with a government agency of any kind having the keys to every house and routinely going through your house to copy and inventory whatever they wanted? Most of us would feel that is a violation of the people’s 4th Amendment right “to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures”. The Bill of Rights further states that this right “shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.” How quickly we forget (or were no longer taught) this basic right. Understanding this is fundamental. Regardless of how modern courts have chosen to chip away at the original intent, every time a government official violates the 4th Amendment, whether you are aware of it or not, a crime has been committed against your fundamental (and per the Constitution, “endowed by their creator with...inalienable”) rights. It doesn’t matter whether you see the person violating your rights or not.

There are many other reasons why you should not feel comfortable with surveillance of your communications. For a more in-depth analysis, please see this article from the Electronic Frontier Foundation: <https://www.eff.org/deeplinks/2013/11/busting-eight-common-excuses-nsa-surveillance>

One way to make your opinions known to lawmakers is to consider strengthening privacy laws like this one being proposed: <https://act.eff.org/action/end-the-nsa-s-mass-spying>

Next month we'll dig into what everyday corporations know about you, and how they get this information. If you have a specific topic you'd like me to address, you can write me at edwardlamaster@use.startmail.com



Pruning Tomatoes?

By: Patricia Grenfell, Placer County Master Gardener

Q: Two experienced gardeners in my garden club prune their tomato plants. What is the benefit and how do I do it?

A: There are many theories out there and even universities differ slightly in techniques. **Basic guides are included here.**

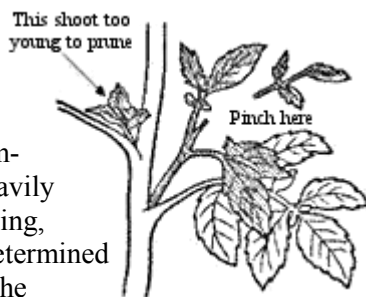
Why prune? From the University of Illinois Extension: "**Pruning is the removal of small shoots that join the stem.** This reduces competition between the suckers and the fruit. **Pruned plants produce larger and earlier fruit** as most of the plant energy is channeled into the fruit." In general, more stems means more but smaller fruits, which are produced increasingly later in the season.



A **sucker is a small stem** that is growing between the main trunk and stem of a tomato. It is usually **growing at a 45 degree angle.** **Remove a sucker** (See photo below.) by taking it between your thumb and 2nd finger and bending it to the side until it breaks. UC Davis advises to wait until the sucker has two leaves and pinch off just beyond those first two leaflets. The advantage of this method is that there is more foliage left for photosynthesis (food production) and better leaf cover to help protect the developing fruits from sun-scald. It will be necessary to check your plants weekly for sucker development.

The number of large stems you retain on your tomato plants depend on (1) whether your plants are determinate or indeterminate and (2) how you keep your plants off the ground.

Pruning is more critical in indeterminate tomatoes than determinate ones. Determinate varieties have short- to medium-length branches and are not heavily pruned since they are self-topping, growing to a genetically pre-determined size and then stopping. All of the blossoms and fruit on a determinate tomato develop at the end of growing tips at about the same time. Some horticulturists instruct us to pinch all suckers from the ground level to the first flower cluster, as these stems are not productive. Others say don't prune anything. Your choice.



Indeterminate varieties are heavily pruned when trellised, moderately pruned when staked, and lightly pruned when caged.

Caged plants generally are pruned to four or five main fruiting branches. You choose the best stems to keep. As plants grow, keep turning ends of the remaining branches back into the cages.

Limit staked indeterminate plants to two or three fruit-producing branches. A popular method is to select the main stem, the stem that develops immediately below the first bloom cluster (a very strong stem), and one other stem below that. Remove all other suckers.

Trellising is only for indeterminate varieties. Prune to just the main stem, or occasionally to the main stem plus one strong stem originating just below the first bloom cluster.

Take 15 Minutes to Save Water.

Source: City Website

Hot weather is here and will be here for several more weeks.

This normally means increased water usage outside to keep landscapes looking good. But this is certainly not a normal year. We are in the grips of a record-breaking, multi-year drought. Folsom Lake levels are dropping.



It's always important to use water efficiently, but now it is critical to ensure our community's water supply can endure what could be many more months of drought. To meet the community-wide goal of reducing water use by 20 percent, all of us need to continue doing our part.

During this time of year, **50 percent of a typical home's water use is for outdoor irrigation.** You can reduce your outdoor water use significantly by simply **taking 15 short minutes to step outside and do these three things:**

1. **Turn it on!** Turn on your irrigation system, **valve by valve**, and look for broken or leaking sprinklers, leaky valves, or misdirected spray. **Fix all problems immediately.**
2. **Turn it down!** Eliminating one irrigation cycle or **reducing each irrigation cycle by two minutes** could **save more than 2,200 gallons of water per month**, which is **more than 10 percent** of a typical home's monthly use. You're already half way to your 20 percent reduction goal.
3. **Know your usage!** You may be surprised. The best way to determine how you can save water is to know how much water you are using. **Sign up for Roseville's free [Water Insight Program](http://www.Roseville.WaterInsight.com)** to get the data you need to make changes in your water usage - www.Roseville.WaterInsight.com.



In just 15 short minutes, you can take these simple steps will have a lasting positive effect on the community's water supply and help all of us weather this unprecedented drought. It truly is crunch time.



Smoke-Free Parks Ordinance

Source: City Website

Ordinance No. 4593 Municipal Code Section 8.02.200 (B.2.)

Where is smoking prohibited?

- In **all City parks** (including parking lots in the parks)
- In **all City-designated open space areas** (such as nature areas, greenbelts, and wildlife and vegetation habitat areas)
- Along **all hiking and biking trails** through City parks or open space areas
- At **all recreational facilities** owned or operated by the City of Roseville

The City of Roseville's smoke-free parks ordinance prohibits smoking in all City parks.

Residents benefit from this ordinance with cleaner air in our parks, lower fire risk, and less litter.

Is there an exemption for smokers who are just passing through?

No. Anyone smoking in a City park or open space area is violating the law even if they are moving through the smoke-free area.

Do other cities have smoke-free parks?

Yes, more than 80 cities in California have smoke-free parks, and some California counties have



Secondhand Smoke Information

- People who breathe in secondhand smoke are inhaling more than 50 cancer-causing chemicals (Study by the US Surgeon General–2006).
- Outdoor smoke can reach the same levels as indoor smoke. Scientific studies by Stanford University and others documented that **after secondhand smoke rises into the air, it becomes invisible and drops down to a lower level where people breathe in toxins** from the unseen smoke.
- **Secondhand smoke causes cancer** (lung cancer, breast cancer, and other cancers), heart disease, asthma, Sudden Infant Death Syndrome, pre-term births, and other illnesses and health problems.
- **Infants, children, and older people are especially vulnerable** to secondhand smoke.

Smoke Free Parks Improve Fire Safety

Source: City Website

The Smoke-Free Parks Ordinance reduces the risk of fire in parks and open space, which can spread to nearby homes.

How is the law enforced?

The approach to enforcement emphasizes public education and voluntary cooperation. No-smoking signs will be posted in parks and open space. If necessary, if a smoker refuses a request to stop smoking in a prohibited area, **police officers or fire department officials may issue citations, or the smoker may be removed** from the park or open space area.

What are the fines for violations?

The fine for a first offense is \$100. Second or third violations within a 12-month period are fined at \$200 and \$500, respectively.

Professional View: Be your own health care advocate

By: Becca Danielsen Special to the Granite Bay View



Have you ever had a medical situation that scared you or caught you off guard? Do you know what to ask, who to talk to and how to prepare for a potential problem?

A Scary And Harsh Reality

Mary is an active, retired woman of 72 years old. She was living and making decisions just as she had become accustomed to for many years. She took her medications faithfully, although she didn't know much about them or why she took them. She also took Acetaminophen regularly for chronic low back pain.

On an uneventful day, walking in the parking lot of her favorite store, Mary suddenly felt hot and dizzy, she collapsed and soon discovered she was having a heart attack. The emergency medical technicians who came to Mary's aid had no idea what medications she was taking, as she could not remember nor did she have a list with her. Medication information would have expedited her emergency care.

Further testing in the emergency room revealed high levels of Acetaminophen toxicity, which can lead to liver failure. Mary should have informed her primary care physicians and her pharmacist that she was taking the over-the-counter pain reliever and at the daily amount.

Mary now realizes the importance of a medication list, and the dangers of Acetaminophen toxicity. I'm happy to say that Mary can now tell you every pill she takes and the purpose. She also tracks her daily medications and notes any side effects. Mary is becoming her own health care advocate.

In a perfect world, seniors wouldn't need any medications. They wouldn't experience pain, illness or memory issues. Unfortunately, this isn't a perfect world and many seniors take 10 or more daily medications.

Do You Know What Pills You Take And Why?

Do you sometimes feel dizzy, headachy, sleepy all the time, heavy headed, off your game, disconnected or not right? This could be the negative effects from too much, and conflicting, medications.

Medicine And Health Care Are Changing

The world is changing. Seniors are living well into their 90's and beyond, while remaining active and independent. Avoiding negative side effects from medication while becoming your own health care advocate is more important than ever to enjoy the quality of life you desire.

So what can you do to ensure that you stay as healthy and active as possible long into old age? In addition to a healthy lifestyle that includes good nutrition and exercise, managing your medications and being proactive about your health with your doctor can ensure that you enjoy a long and healthy life. And that's what becoming your own health care advocate is all about.

Ways To Become Your Own Advocate:

- · Keep a medication list and contact info with you at all times
- · Know what meds you are taking and why
- · Track meds and side effects
- · Monitor your Acetaminophen intake

Becca Danielsen is a registered nurse who owns and operates Personal Medication Management, a weekly medication management, monitoring and health assessment service. She can be reached at (916) 844-8914. Learn more at www.PMMBeccaRN.com.

The Value of Scouts

by Caitlyn Jordan



Girl Scouts

Scouting and teenagers—the two rarely seem to be mentioned in the same sentence. In fact, participation in Girl Scouts and Boy Scouts alike seems to drastically drop off before high school. These drop offs are often motivated by the stress of high school and the pressure to achieve great grades while participating in extensive community service opportunities. However, Girl Scouts and Boy Scouts actually offer many unique opportunities for teenagers.

As a nearly 16-year-old Girl Scout myself, I can testify firsthand to the value of being an older scout. Because of Girl Scouts, I have been able to participate in an informative marketing communications internship, visit places such as the Twitter headquarters, and even speak to television anchors. In addition, scouting creates an easy pathway to community service—something essential to human experience, and, yes, college applications. In fact, both Girl Scouts and Boy Scouts offer an “ultimate” award: for the Boy Scouts, the Eagle Scout, and for the Girl Scouts, the Gold Award. These awards teach valuable life skills and are known to add a specialized boost to resumes and applications.

Mentions of scouting seem to usually conjure up images of young, rosy-cheeked children. However as more older children become aware of the benefits of scouting, hopefully that image will morph into one of an excited, driven teen.



Becca Daniels, RN
Lic. #520029



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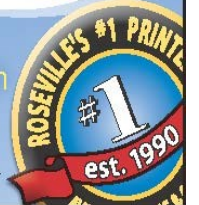
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~~~~~  
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AltaManor.com

## SAVE THE DATE

Source: [www.roseville.ca.us/events](http://www.roseville.ca.us/events)

### August 2

**Fire Station #1 Open House**, 401 Oak Street  
10:00-12:00

### August 10

#### **Music in the Park**

Royer Park, 6:00 p.m.

### August 14

#### **Food Truck Mania**

5:00-8:00 p.m.  
Vernon Street

### August 15

#### **Campfires**

7:30-8:30 p.m.  
Maidu Historic Museum  
Fee: \$5 per person, \$16 family of 4, \$5 each add'l person, under 2 free

### August 15

#### **Friday Flicks: Monster University**

Movie starts at 7:30 p.m.  
**free**

### August 23

#### **Vernon Street Fair**

311 Vernon Street  
1:00-4:00 p.m.

### August 28

#### **Open Mic Night 8/28:**

Karaoke  
Vernon Street Town Square  
6:00-7:30 p.m.

#### Weekly Events:

**Wednesdays @Vernon**  
Street Town Square

- **Story time** 9:30-10:00
- **Wee One Wednesday**  
10:00-10:45

#### **Fridays:**

- **Art on the Square**  
8:00a.m.-2:00p.m.

#### Other Events

- **Movies in the Park**  
Locations vary  
Visit [RCONA.org](http://RCONA.org) from more info

|                              |            |            |        |          |
|------------------------------|------------|------------|--------|----------|
| NOTICE                       | EMPLOYMENT | EMPLOYMENT | NOTICE | SERVICES |
| <b>MONA Marketplace</b>      |            |            |        |          |
| <b>Neighborhood Services</b> |            |            |        |          |

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(916) 834-4363 ~ Carol ~

#### Tennis

Racquet stringing & re-gripping available. Pick-up & delivery for a small fee (within 5 miles of Cirby & Sunrise) I also have approx. 50 used racquets in good to excellent condition for sale  
Call Jim @ 916-772-0966

#### Ryan Lovingood 916.257.3255

General contractor  
Lic.#415014, specialist in custom cabinetry, kitchen & bath remodels, residential & commercial properties

Opening special ending soon!  
**Get those classified ads in NOW**

#### Want to place an ad? For info. Email:

[morneighbors@hotmail.com](mailto:morneighbors@hotmail.com)  
**Drop \$ & text 1603 Dana Way**  
**\$5 for 150 characters/spaces**  
per month you can fill with letters, numbers or symbols

**Opening special:** 2 months for the price of one! \$5 for 2 months of MONA Marketplace ad.  
Deadline 20th of each month.

#### Notice!

**Meadow Oaks cautions its readers to confirm the validity of any advertiser including confirmation of appropriate licenses & insurance.**



## Newsletter Delivery Person Needed

MONA Board

The Green Hill Drive area is in need of a person to help deliver our monthly newsletter.

Interested? Send an email to [MeadowOaksNA@gmail.com](mailto:MeadowOaksNA@gmail.com)

### **Article & Marketplace Publishing Policy**

Our article policy is to have the newsletter committee review all articles before they are published. We reserve the right to refuse to publish any article that is deemed inappropriate for this newsletter. Each article must have the source and contributor identified before acceptance. We reserve the right not to publish any article.

## Updates From the Mona Board by: Erin Tarekegn

- **Our next Meadow Oaks Neighborhood Association General Meeting will be on October 23, 2014.** This is also when we vote in our new board. If you are interested please contact us with your interest and nominees. And stay tuned for further details.
- **The Meadow Oaks Free Movie in the Park (Wall-E) on July 12** at Sierra Gardens/Eich was a great event. It was a beautiful night and we had a great turn out and very happy neighbors. Thank you neighbors for joining us at the event and to Jim Robinson for organizing it!!!
- **National Night Out is almost here.** Please contact us if you would like to help with the event.
- **Spaghetti Dinner Fundraiser for the MONA Times on September 17.**
- **Remember the full edition of our newsletter can be emailed to you.** If you would like to be added to our Newsletter email list, please email us at [meadowoaksna@gmail.com](mailto:meadowoaksna@gmail.com)

### MONA BOARD

**CHAIRPERSON/SECRETARY**  
Erin Tarekegn  
[MeadowOaksNA@gmail.com](mailto:MeadowOaksNA@gmail.com)

**VICE CHAIRPERSON**  
Audrey Huisiking

**TREASURER**  
Nick Bastunas

**PAST CHAIRPERSON**  
Jim Robinson

**BOARD MEMBERS:**  
Steve Abe  
Betty Gilchrist  
Maxine Sarmiento

### NEWSLETTER STAFF

Steve Abe                      Maxine  
Karen Domen                 Sarmiento  
Betty Gilchrist                Erin Tarekegn  
Nick Bastunas

Send ideas or suggestions to:  
[morneighbors@hotmail.com](mailto:morneighbors@hotmail.com)

## Police Telephone Numbers

### **Emergency & Crimes in Progress 9-1-1**

|                        |                 |
|------------------------|-----------------|
| Police non-emergency   | 774-5000 Ext. 1 |
| Animal Control         | 774-5090        |
| Abandoned Vehicles     | 746-1022        |
| Graffiti Report Line   | 746-1021        |
| Traffic Complaint Line | 746-1023        |
| Vacation House Check   | 746-1052        |

### **Additional Phone Numbers**

|                                   |                |
|-----------------------------------|----------------|
| Code Enforcement Complaints       | 774-5501       |
| P.G.& E. (24 hrs./7days week)     | 1-800-743-5000 |
| Roseville Electric Outage Hotline | 774-5428       |
| Roseville Fire (non-emergency)    | 774-5800       |
| Roseville Water Outage Hotline    | 774-5750       |
| Safety Hazard Message Line        | 774-5555       |