

The MONA Times April 2014

Meadow Oaks Neighborhood Association is part of the Roseville Coalition of Neighborhood Associations (RCONA)

Visit our Website: www.mona.rcona.com

Partial Print copy: full newsletter can be viewed at www.mona.rcona.com



Upcoming MONA Events

By Maxine Sarmiento

Hi Neighbors!

Spring is here and that means two things. It's time for our M.O.M.M.Y (Meadow Oaks Marvelous Manicured Yard) Award and our annual Neighborhood Garage Sale.

Meadow Oaks Marvelous Manicured Yard (M.O.M.M.Y.) Award:



Out of respect for the current water situation, this year's M.O.M.M.Y theme is "Water Wise." What does that mean? Please be on the lookout for marvelously manicured yards that are "water wise." When you find one just submit the home's address you would like to nominate. **Deadline for nominations is April 31, 2014** email:

maxinesarmiento1@gmail.com
Subject line MOMMY Award



Neighborhood Garage Sale:

The annual MONA Garage Sale is scheduled for Saturday, May 17, 2014. Enclosed is a sign-up and donation sheet.

The more the merrier!

If you have questions email:

maxinesarmiento1@gmail.com
Subject line Garage Sale



Library News APRIL 2014

By Fran Webb

The Friends of the Roseville Public Library is sponsoring a poetry contest open to anyone over the age of 19.

- Poems must not have been published previously.
- There is a cash award for 1st, 2nd, and 3rd places.
- Our deadline for submission of your poems is April 11, 2014.

For more information, www.rosevillefriendsofthelibrary.org/#/events/c21kz

We look forward to seeing your poems.



Your Opinion Newsletter Survey Update

By K Domen & S Abe

matters Thank you to everyone that turned in his/ her survey regarding the MONA newsletter. We received approximately 100 replies. About half the surveys indicated a preference for the printed version, and the other half indicated a digital newsletter would be fine. Therefore, as funds allow, we will print a four-page version of the MONA newsletter. A longer digital version of the newsletter will be available on the website, www.mona.rcona.com, and be emailed to those on the email list.

Looking for Contributors

Do you like to write?

Do you have the background and/or knowledge on any of the following topics?

- Health/nutrition
- Exercise/fitness
- Oakmont/Eich (updates, events, happenings)
- Veterans (stories, issues)
- Seniors (issues, concerns, safety tips)

If you answered yes to the above questions and would like to become a newsletter contributor, contact morneighbors@hotmail.com

Thank You
We, the neighbors, wish to thank Karla Bradford for her dedication and professionalism as MONA Times editor over the past 10 years Thank you again Karla, It's neighbors like you that make our neighborhood special!

MONA BOARD MEETINGS

April 10 9-10:30 AM
April 24 8:30-10 AM

Meetings open to the public



The Recipe Exchange

(If you have a recipe you'd like to share, send in a copy to morneighbors@hotmail.com with your name & source, if any)

A Vegetable Soup that Sings of Spring Minty Pea Soup

Submitted by Erin Tarekegn from Epicurious.com

Ingredients:

- 3 tablespoons unsalted butter
- 1 medium onion, chopped
- 4 cups low-sodium vegetable broth, divided
- 6 cups shelled fresh peas (from about 6 pounds pods) or frozen peas, thawed
- 1/4 cup fresh flat-leaf parsley leaves
- 1/4 cup fresh mint leaves
- Kosher salt, freshly ground pepper
- 1/4 cup crème fraîche or sour cream
- 2 tablespoons heavy cream or water
- Chopped fresh chives (for serving)

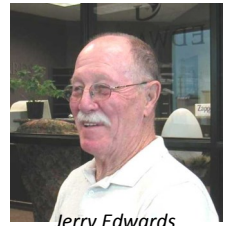
Preparation:

Melt butter in a large heavy pot over medium heat. Add onion and cook, stirring often, until softened but not browned, 6-8 minutes. Add 2 cups broth and bring to a boil. Add peas, reduce heat, and simmer gently until tender, about 5 minutes for fresh peas, about 2 minutes for frozen. Remove pot from heat. Add parsley, mint, and remaining 2 cups broth to pot. Purée soup in a blender or with an immersion blender, thinning with water if soup is too thick, until smooth. Season soup with salt and pepper.

Whisk crème fraîche and cream in a small bowl to blend. Serve warm soup topped with chives, passing crème fraîche mixture alongside for spooning over. Yield: Makes 6 Servings



APRIL GARDEN CHECKLIST



Jerry Edwards
Master Gardener

1. Fertilize shrubs and trees once during the spring with a slow release fertilizer.
2. Apply chelated iron to azaleas, gardenias and camellias if leaves are yellowing between the veins.
3. Control snails, slugs, and earwigs with traps or barriers.
4. Trim dead flowers, but not leaves from spring bulbs. Fertilize bulbs after bloom.
5. Feed citrus with a low dose of balanced fertilizer during bloom and fruit set.
6. Thoroughly clean debris from pond bottom.

TIP: Cool season lawns need fertilization only in spring and fall. Warm season grasses need fertilization monthly from April through October. If you use a slow-release fertilizer, spring and early fall is sufficient.

WHAT TO PLANT IN APRIL

FLOWERS: Last chance to plant pansies, violas, and primroses. Set out perennials. Many flowering annuals may be seeded up to 1200-1500 feet.

VEGETABLES: Transplant tomatoes, eggplants, and peppers as temperatures warm. At higher, cooler elevations, transplant lettuce, and the broccoli, collards and kale you started in November. Start chard, beets and radishes from seed. After danger of frost, plant cilantro at two week intervals for a steady supply.

LAWN: Start new lawns from seed or sod. Repair damaged areas in established turf. Plant ground covers.

TREES AND SHRUBS; Last chance for planting citrus trees. Weather permitting, frost tender plants can go outside now.

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Hearing Loss?

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Roseville, Ca. 95661

787-4327

Located at Rocky Ridge & Cirby Way

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Oak Street Improvement Project to begin in April

From www.roseville.ca.us

Construction of the Oak Street Improvement Project is tentatively scheduled to begin in mid-April and continue through most of 2014.

The project includes:

- A roundabout at the intersection of Oak Street and Washington Boulevard
- Installation of traffic signals at the corners of Oak & S. Grant and Oak & Lincoln streets
- Oak Street realignment and streetscape improvements
- Minor work on Lincoln Street to add a right-turn lane and signal modifications

Construction Dates/Times:

- April – December 2014
- Weekdays 6 a.m. - 8 p.m., Saturday 8 a.m. - 6 p.m.
- Possibility of limited Sunday and evening construction times
- **One lane in each direction will be open for the entire construction period**
- **Oak Street Parking lot will be highly impacted, highly suggest using parking garage**

If you have questions, please call 782-ROAD (7623)

For more information about the project -

www.roseville.ca.us/OakStreet



For information about using roundabouts -

www.roseville.ca.us/roundabout

Need to clean out your files?

Source: RPD E-notify



The next **Community Shredding and E-Waste day** will be from 10 a.m.

to 2 p.m. **Saturday, May 10, at Mahany Park**, 1545 Pleasant Grove Boulevard.

Drive up and hand over your disposables, and we will take care of the rest. E-waste is recycled by SIMS Recycling Solutions, an international recycling company with a sorting and shredding facility here in Roseville.

Bring your sensitive documents (old bank and credit card statements, old medical records and the like), and have up to three file boxes shredded for free. We urge you to safely shred your own personal and business files, and not just put them in the garbage can intact. We have encountered many thieves lately who regularly "dumpster-dive," looking through trash for people's personal identifying information, which they then use for fraudulent purposes.



Celebrate the Earth Festival
Saturday, Apr 26 10:00a to 3:00p

Source: Roseville Utility Exploration Center1

EVERYONE is WELCOME to join us at the 7th annual Celebrate the Earth Festival, hosted this year on Saturday, April 26, 2014 from 10AM-3PM at our campus in Mahany Regional Park, located at 1501 Pleasant Grove Blvd., Roseville. This year's event will feature live entertainment, music, food and mobile food trucks, electric vehicles, local green vendors and much, much more. The event is FREE so please join us to Celebrate the Earth! For more information, call (916) 745-1550 or <http://>

www.roseville.ca.us/events/earth_day_festival

Bike Thief Arrested Because of Citizen's Actions

Source: Roseville PD

At 4:05 p.m. March 23, an officer stopped a man riding a bicycle on Harding Boulevard near Estates Drive. As he was doing so, someone flagged officers down and told them that the bike had just been stolen from them. Officers detained the rider and returned the stolen bike to the victim. Officers then were told about another bike that had just been stolen in the area. They located the second stolen bike nearby, detained the rider and returned the second stolen bike to its owner. A 20-year-old Lincoln man and a 32-year-old Citrus Heights man were arrested.

Local Scams

The truly despicable grandparent scam has struck again.

Source: RPD E-notify

On the morning of March 24, a **79-year-old resident** got a call from someone **claiming to be a sergeant with the Miami Police Department**. The "sergeant" told the resident that the resident's grandson had been arrested in Miami and needed a large amount of money to post bail. The "sergeant" also asked the resident not to tell anyone else, since his grandson supposedly wanted to keep the matter private. The resident purchased non-refundable Green Dot money cards and gave the card numbers to the "sergeant" over the phone. The next day, the "sergeant" called the resident back saying his grandson needed yet more money for a flight home. This time the resident contacted a family member and soon found out that his grandson had never been in Miami. The phone number that the scam artist used originated in Quebec.

This scam just won't go away. Please share this information, especially with senior family members--if they get a call about a relative who is suddenly, with no advance notice, thousands of miles away and in trouble, it is almost certainly not true.

Scam artists are good at creating a sense of urgency and secrecy--don't fall for it. Take time to check out their story. Get a call back number, and then call your "troubled relative" at their regular number, or call other family members at their regular numbers to verify the story. Ninety-nine times out of a hundred, you'll find out that your loved one is at home, school or work, and not in some far-away location at all

Anytime someone you don't know asks you to **wire money** or pay them with non-refundable **MoneyPak** or pay them with non-refundable **MoneyPak** or **Green Dot cards**, they are almost certainly scamming you, and once you pay them, your money is gone--you can't get it back. Worse, once scam artists know someone can be fooled, they'll keep coming back for more money.



Source: Roseville Library

Crime Tips

Source: Roseville PD

TIP: Bike theft seems to have increased lately around Roseville. Make sure to tell your kids not to leave bikes unlocked, even if they will only be away from the bike for a short time.

Johnson Ranch, bike theft: Overnight March 18/19, someone stole a blue-black Cannondale Profit bike from a car rack in the 2900 block of Barret Drive.

Johnson Ranch, bike theft: Overnight March 25/26, someone stole a black Hyper Spinner BMX-style bike from under a stairwell in the 8800 block of Sierra College Boulevard

TIP: If you have to park your car outside at night, we strongly recommend taking everything of value out of it, including your garage remote, so that a thief won't steal the remote, open the garage door, and burglarize your garage or house.

Theiles Manor, theft: Overnight March 30/31, someone went into an unlocked car in the 400 block of Dudley Drive, and stole a

wallet with all its contents. The victim's bank cards were then used in Sacramento

Lead Hill, vehicle theft: At about 6 p.m. March 26, someone left a gray 2004 Acura four-door sedan running, with the keys in the ignition, for a few minutes while using an ATM in the 1700 block of Santa Clara. As you probably guessed, the car was stolen. The victim also lost a cell phone and computer that were inside the car.

Monthly Mobile Food Truck Round Up

Source: sactomofo.com

Enjoy gourmet treats from local mobile food trucks from 5 - 8 p.m. on Thursday, April 10 at the 200 block of Vernon St. Find out more. [Find out more.](#)



Animal Control Officer Corner

A New periodic column by the RPD Animal Control Department
Source: RPD E-notify

Many of us have been out enjoying the beautiful spring weather with our dogs. Our animal control officers remind us that Roseville has four dog parks where well-mannered, licensed dogs can run and play off leash. However, dogs are not allowed in our other city parks, and they're also not allowed to run off-leash on our trails and open space areas. This is for the protection of the public, dogs and wildlife. Skunks, raccoons and rattlesnakes live in our open spaces and can injure or kill roaming dogs. Off-leash dogs also cause problems for other park users and leashed dogs. Please do yourself, your dogs and other open space users a favor, and keep your dog on-leash when enjoying our open spaces.

FREE things you can do with your Roseville Public Library card during National Library Week:

1. Use the Roseville Sports Center, including equipment use, climbing wall use, and fitness classes both at this location and at the Maidu Community Center.
2. Swim for free at the Mike Shellito Indoor Pool on Sunday, Friday or Saturday during Recreational Swim.
3. Attend the Campfire at the Maidu Museum & Historic Site for free.
4. Attend Parent & Tot Pool Playtime for free at the Mike Shellito Indoor Pool on Thursday, April 17th, from 10 - 11:30 am. (Takes place right after Read with a Mermaid storytime.) Schedule of storytimes with special guests ranging from firefighters to mermaids, check our website at www.roseville.ca.us/nlw

Safety When Walking

Source: RPD Community Service Department



We are fortunate to have walking trails right in our neighborhood. Many of us take advantage of the greenbelt and walking trails. However, we need to make sure we keep our safety in mind when we hit the trails.

As adults we sometimes become complacent about our own personal safety. According to the Roseville Police Department the sad reality is that incidents of crime can happen to anyone. Here are a few tips from their Crime Prevention News Bulletin.

- First and foremost, be aware of people around you. Look at people walking by (instead of pretending not to see them) and acknowledge them with a quick, "Hello." It sends a message of confidence and awareness which is a turn-off for criminals.
- Take a phone! When out for a walk, carry a cell phone to use in case of an emergency.
- Walk with a partner; a four-legged one is great too. While crimes can happen to more than one person at a time, there is a greater crime deterrent when walking with another person or a dog.
- Take only what you need. If you need to carry any money or credit card, try limiting it to one card and/or a small amount of cash that can be put in your pocket.
- Make sure to carry your identification along with emergency contact information. If something happened to you while walking, the authorities will need to know who to contact.

Happy trails!

Does Your Contractor Measure Up?

Source: CSLB

Springtime is a time when many homeowners start home improvement projects. The Contractors State License Board (CSLB) offers some tips before starting a project.

1. Hire only state-licensed contractors.
2. Check a contractor's license number online at www.cslb.ca.gov or by calling 800-321-2752.
3. Get at least three bids.
4. Get three references from each bidder and review past work in person.
5. Make sure all project expectations are in writing and only sign the contract if you completely understand the terms.
6. Confirm that the contractor has workers' compensation insurance for employees.
7. Never pay more than 10% down or \$1,000 whichever is less. (There is an exception to this rule for about two dozen contractors who have filed a blanket performance and payment bond with the Registrar. This information is noted on the contractor's license detail page on CSLB's website.)
8. Don't let payments get ahead of the work.
9. Keep a job file of all papers relating to your project, including payments.
10. Don't make the final payment until you're satisfied with the job.



Remember to Save 20%

Source: City Website

Due to persistent drought conditions, the City of Roseville has announced mandatory water use restrictions of 20 percent for its residential and commercial water customers effective immediately.



[Find out more@ http://www.roseville.ca.us/news/displaynews.asp?NewsID=4061&TargetID=1](http://www.roseville.ca.us/news/displaynews.asp?NewsID=4061&TargetID=1)

A View From Inside Oakmont

New Column by current Oakmont student that will cover news & special topics at oakmont!
By Caitlyn Jordan

Common Core & What it means for High School Students

Over the past year or so, murmurs have steadily spread through Oakmont High School. They're not malicious rumors or not juicy gossip, in fact, these conversations revolve around a topic most



students equally loathe and fear: standardized testing. Shocking as it is, high school students are actually talking about

testing and curriculums, specifically the changes they will see as they continue through high school. Formally beginning in 2014, schools throughout California will adopt a new type of curriculum and testing: Common Core. This type of learning revolves around analysis and writing, replacing multiple choice exams with essays and free-response questions--even in math. The goal is to create more unified learning, connect all the different subjects to one another, and better prepare students for the workplace by helping them to actually understand concepts instead of simply memorize formulas. To some, this change in schools is welcomed. High school students who excel at writing look forward to test opportunities to show their skills, while others embrace this change as an improvement to the educational system--and advantage in understanding job-required skills. However, to other students, these changes are far from welcomed. Many students who struggle with writing and analysis fear that their test grades will be heavily negatively impacted, while others oppose the changes in curriculum Common Core requires. Additionally, students who are more math-orientated worry that they will have difficulties explaining their thought process with words, as opposed to formulas and a filled-in bubble. In my classes, I've heard many a student angrily exclaim, "What does math have to do with English?" However, despite the stumbles and roadblocks along the way as this program is implemented, many students may actually become advocates of the program. After all, it's important to remember that despite its more rigorous requirements, the program aims to set education standards higher and

connect areas of learning into a more cohesive plan. As students begin to prepare for change, the only left to do is wait until 2014 and hope that these new standards prove to be as helpful as they aim. Only then, will the cautious murmurs of Oakmont's students be able to turn into conversations of pleasant surprise.

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Expansion planned to open early 2014

The Cottages



Assisted Living and Memory Care

930 Oak Ridge Drive
Roseville, CA 95661

916-774-0200

www.AltaManor.com

email: ladonna-h@barcelon.com



Coming soon to Alta Manor: **charming new cottage residences.** Especially for seniors who wish to remain as independent as possible with the added peace-of-mind of assistance-as-you-need-it options, the new cottages will feature:

- 16 one-bedroom, one bath accommodations, some with private patios, others with views of the central gated courtyard with walking paths and water feature
- Kitchenette with microwave and refrigerator; walk-in shower with bench seats
- Generous storage
- Daily dining options, featuring three meals every day
- Weekly housekeeping, laundry and linen service
- Lifestyle enriching activities and recreation
- Free utilities, including cable and WiFi
- Lounge area with plenty of natural light
- Scheduled transportation service
- Month-to-month rent



Be "in the know." Call or email to add your name to our mailing list for updates.

Welcome home — to The Cottages at Alta Manor.



SAVE THE DATE

Apr 5
Fire Open House Free
10:00 - 2:00 Station #7 911
Highland Pointe Dr.

Apr 10
Food Truck Mania
5:00-8:00 Vernon Street

Apr 18
**Campfires (free w/
library card. This week
only**
7:30-8:30 (Maidu Museum)

Apr 23
Wine Down Wednesday
5:30-7:30 Vernon Street Town
Square \$5 Fee (Apr 23-May 28)

Apr 24
Open Mic Night Poetry
6:00-7:30 Spoken Word
Vernon Street Town Square

Apr 26
Medication Take-Back Day
10:00-2:00
Roseville HS, Woodcreek HS
& Kaiser@Eureka

Apr 26
Earth Day Festival
10:00-3:00 Free
Mahany Park

Apr 27
Maidu-Yomen Spring Event
10:00-3:00 Free
Maidu Museum-Historic Site

May 3
Fire Open House Free
10:00-12:00 Station #3 1300
Cirby Way

May 10
Shredding & E-Waste Day
10:00-2:00 Mahany Park
E-Waste & Free 3-file boxes
of documents to shred.

Suspicious Person Arrested 3/10-1am

Source: E-Notify

Officers responded to a report of a man with a BB gun acting suspiciously in a store in the 900 block of Pleasant Grove. Officers contacted a man who had two replica bb-firing handguns concealed on his person. The 21-year-old Roseville man was arrested on suspicion of burglary (entering the store with the intent to steal or commit another crime) and attempted robbery.

Art Studio Trek/ Art and Chocolate

Source Roseville City

1408 Tiffany Cir, Roseville
(also in Rocklin / Granite
Bay) **Hours 10 am to 5 pm**
Saturday and Sunday
April 30 & May 1, (916)
782-2909

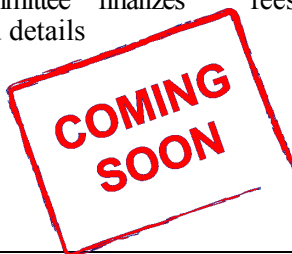
Artists Open
Studios event,
with 18 artist.
14 studios open
for
demonstrations, art viewing
and sales. Meet the artists in
the studios and see the
original works. Fun event
for all the family. Bring your
friends and enjoy art and
chocolate at each studio and
door prizes will be awarded.
For directions and a free
map go to the web site to
print a copy of map and see
visual tour of the art work
represented by each artist.
www.ArtStudioTrek.com



The MONA Times Neighborhood Classified Marketplace

By K Domen & S Abe

Within the next month or two the MONA Times is hoping to add a "Neighborhood Classified Marketplace" to its newsletter. Do you have a service (handyman, babysitting, mowing, etc.) you would like to advertise to your neighbors? Are you a high school or college students looking to earn some money this summer? Are you looking to sell some art or craft work? For a nominal fee you can place an ad to advertise in our upcoming classified section. More information will be forthcoming as the newsletter committee finalizes fees and details



Updates & Events From Meadow Oaks

Source: Erin Tarekegn

- The Meadow Oaks Neighborhood Movie in the Park will be held at the Sierra Gardens School site on July 12. The movie we will be showing is Wall-E. More information coming. Our friends in the Maidu and Hillcrest communities will be helping and joining us for the event.
 - Our Neighborhood Garage Sale will be on May 17! Organizing and planning is ongoing.
 - We are beginning planning for National Night Out.
 - We will be assisting the Roseville Coalition of Neighborhood Association's at the Earth Day Festival at Mahany Park. (Thanks Maxine Sarmiento for manning the booth!)
 - Downtown Tuesday Nights is starting again on May 6. The Meadow Oaks Neighborhood Association will be assisting in hosting two evenings at the Roseville Coalition of Neighborhood Association's booth.
- We look forward to seeing you at these events. If you would like to participate or volunteer in any of these events or committees please email us at meadowoaksna@gmail.com

Thank You Neighbors!

MONA BOARD

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Send ideas or suggestions to:
morneighbors@hotmail.com

Article Publishing Policy

Our article policy is to have the newsletter committee review all articles before they are published. We reserve the right to refuse to publish any article that is deemed inappropriate for this newsletter. Each article must have the source and contributor identified before acceptance. We reserve the right not to publish any article.

Police Telephone Numbers

Emergency & Crimes in Progress 9-1-1

Police non-emergency	774-5000 Ext. 1
Animal Control	774-5090
Abandoned Vehicles	746-1022
Graffiti Report Line	746-1021
Traffic Complaint Line	746-1023
Vacation House Check	746-1052

Additional Phone Numbers

Code Enforcement Complaints	774-5501
P.G. & E. (24 hrs./7days week)	1-800-743-5000
Roseville Electric Outage Hotline	774-5428
Roseville Fire (non-emergency)	774-5800
Roseville Water Outage Hotline	774-5750
Safety Hazard Message Line	774-5555